

Recommended List of Items for Your Stay in the Hematology Intensive Care Unit at IHBT

Your admission to the unit is between 8:00 and 9:00 am. You do not need to arrive fasting.

RECOMMENDED:

- Washable slippers;
- Pyjamas or a nightdress, as you prefer. If you wish, and to save space in your luggage, we can provide you with a pyjamas or a nightdress on the unit;
- Underwear as you prefer;
- Socks, as you prefer (the elastic must not be tight);
- Personal hygiene: a soft toothbrush, aminfluoride toothpaste, alcohol-free mouthwash, shower gel, fragrance-free body lotion, lip balm, hand cream, nail scissors, or nail clippers, and an electric shaver;
- Paper tissues;
- You may bring a computer or CD player, Wi-Fi internet access is available (we cannot guarantee compatibility with every device or programme);
- Newspapers, books, magazines, **a ballpoint pen**, and a notepad;
- Please also bring your certificate of temporary incapacity for work, if applicable, your health insurance card, ID card, **and all medications you are currently on.**

IMPORTANT INFORMATION:

- We recommend cotton clothing and underwear;
- Other personal items will be cleaned with a disinfectant wipe;
- Nail scissors or nail clippers will be stored in a locker room outside the patient room for safety reasons. They will, of course, be provided upon request and will be disinfected after use before being returned to the locker room;
- We recommend beverages in smaller containers so that they can be consumed within 24 hours of opening. For hygienic reasons, opened beverages cannot be stored longer and after this period they must be discarded (similarly, freshly prepared food brought from home must be consumed on the same day);
- Upon discharge, we can arrange for your prescribed medication to be collected from our pharmacy. For this purpose, please have approximately CZK 500 in cash available to cover any co-payments. Of course, you are not required to use this service.

NOT RECOMMENDED:

- Towels- clean towels will be provided on the unit every day;
- Washcloth - disposable washcloths will be provided on the unit;
- Fabric handkerchiefs;
- Plush items;
- If possible, please leave your apartment keys, payment cards, and large amounts of cash at home.